

Holy Redeemer Catholic Primary School Sports Action Plan and Review: 2018-2019

Target	Evidence	Action plan	Effective use of funding/break down (£17480.00 allocated)	Review of impact
<p>To increase the number of children that can ride a bike in the Change 4 Life Team and across the whole school.</p> <p>To actively encourage children to ride a bike to and from school and in their leisure time.</p> <p>Increase in fitness. Improve Health and Well Being. Impact on Obesity.</p>	<p>More bikes in bike shed. Pupil Voice Bike survey pupil voice</p>	<p>British Cycling to come in to school bringing helmets and bikes. Change 4 Life team have weekly sessions learning to ride a bike and a range of bike tricks. Children from across the school to have sessions to learn to cycle if they can't ride a bike. Cycling training for Mrs Annis Ride to school day once a term. <u>Challenge of the week on Twitter which parents respond to by putting photos up of them doing it.</u> <u>Prizes – swimming sessions at the swimming baths/Rock climbing centre/etc.</u></p>	<p>Cost of Teacher supervising and organising these sessions. £250</p> <p>Didn't happen due to concerns over space for bikes. Look at a solution for next year.</p>	<p>All children increased their confidence on a bike and all children who were previously unable to ride a bike achieved that by the end of the sessions.</p> <p>Priority was given to children on the Change 4 Life Team. Need to include this on next year's plan, in order to target other KS2 children who can't ride a bike.</p> <p>Consider as an action for next year, with different dates for different year groups.</p>

<p>To continue to improve competitive performance in netball and football.</p> <p><i>Increase in attainment</i></p> <p>Increase attainment</p> <p>To increase numbers at netball and football club.</p>	<p>Results in a variety of Tournaments. Including Catholic Tournament, Bowbrook and Blessed Edward's Tournament.</p> <p>Registers to show an increased attendance.</p>	<p>More friendly fixtures in both netball and football to improve match play. Particularly for year 3/4.</p> <p>Lunch time play leader/coach to encourage ball skills; throwing, catching, shooting, kicking and dribbling.</p> <p>Early morning netball shooting sessions on Wednesdays and break time shooting sessions.</p> <p>More friendlies to get up to game speed.</p> <p>More netballs to allow children to practise shooting at break on Wednesdays.</p>	<p>Cost of minibus to facilitate this £5350.00</p> <p>Cost of new and more netball and footballs for extra use and growing numbers at clubs. £99.95</p> <p>Cost of lunch time Play Leader £2293.75</p> <p>Cost of new and more netball and footballs for extra use and growing numbers at clubs.</p> <p>Cost of staff: £875.00</p>	<p>Increased ability to enter competitions and travel to other schools for friendlies.</p> <p>Continue next year.</p> <p>Increased numbers at clubs.</p> <p>Very effective at engaging a range of children in focused physical activity and consolidating/enhancing skills.</p> <p>Continue next year.</p> <p>Increased success at matches and tournaments, winning almost all friendlies and achieving highest ever placings at tournaments.</p> <p>Continue next year.</p>
<p>To have a wider impact on more children by planning,</p>	<p>Evidence book with photos of events and planning</p>	<p>Have weekly meetings with the</p>	<p>Cost to book some venues; sports hall, courts and</p>	

<p>organising and running more in house competitions and tournaments in a wider variety of sports.</p> <p>To encourage more involvement of the Sports Council.</p> <p>To continue to increase the engagement of parents in sport, fitness and healthy life styles.</p> <p><i>Increase in health and impact on obesity</i></p>	<p>notes from sports councils and Change 4 Life Meetings. Pupil Voice</p> <p>Evidence Books Photo Evidence Parent Questionnaire Register numbers of parents attending running club each week. Note number of parents attending sports fixtures and events. Pupil Voice</p>	<p>Change 4 Life Team and the Sports Council. Book dates in the diary for a range of events and let the Sports teams be actively</p> <p>Winter Walk Summer Walk Fun Run Sponsored Run Winter and Summer Sports Days Weekly Running Club Invitations to Parents for all sports events Leaflets and handouts produced by the Sports Council and the Change 4 Life Teams. Assemblies</p>	<p>swimming pool. £569.50 Stationary cost producing certificates and programmes. £64.25</p> <p>Cost to organise and run the many events open to parents. Cost getting to and from events. £370.70 Cost to produce leaflets and handouts. cost of medals and certificates £51.19 Cost of fruit for a healthy snack. £24.45</p>	<p>All children in KS2 took part in the Winter Sports Day and feedback shows that they enjoyed the event, especially the opportunity to take part in different sports.</p> <p>Continue next year. Good attendance at Winter Walk, engaging many families not previously seen at PE/physical activity events. Feedback from those who attended was all positive.</p> <p>Continue next year.</p> <p>Increase number of assemblies run by Change 4 Life and Sports Councils and give the children greater input into planning.</p>
<p>To offer greater differentiation within PE lessons and Sports Clubs.</p> <p>To offer extra support and intervention sessions for less able and also the gifted and talented.</p>	<p>Increased attainment levels Registers showing increased participation due to more involvement and fun. Better results in matches and tournaments and festivals. Lesson plans and observations will show an</p>	<p>A Sports TA in PE lessons and clubs to offer a second input, extra support and challenge. Training on supporting the less able and challenging the gifted and talented within PE. Run an intervention group for non swimmers.</p>	<p>Cost of a Sports TA £4199.50 Cost of training courses £275.00</p>	<p>PE tracking shows that a greater number of pupils are achieving the expected standard, and an increased percentage working at a higher level.</p> <p>Continue next year. All non swimmers were more confident at the end of the sessions.</p>

	improved consideration for differentiation. Pupil Voice			Continue next year.
To improve the mental health and well-being of children and Staff Provide training so staff are more aware of the benefits exercise brings to mental and physical health.	Helen Annis to attend Mental Health through sport training and feed back to rest of staff. Photo evidence Interviews with children Increased participation in PE lessons and clubs. Questionnaires On planning as part of cool down sessions. Art Piece on Mental Health and Well-being to be displayed in school Pupil Voice	Helen Annis, Marie Porter & Cathy Anderson to attend Mental Health and Sport Training and one of them to feed back to staff. Teachers to add short stretches, exercises, breathing throughout the school day. This should benefit learning and mental health. Teachers and TA taking intervention groups to break up sessions with yoga type activities. Yoga type activities used in more PE lessons as cool down. Yoga club to be held every week, run by Mrs Anderson. Training for dinner ladies to start breathing exercises to calm children. Continue to have fruit in staff room. Staff to go on walks/have mindfulness sessions as part of staff meetings and simple yoga activities during meetings.	Cost of Training £30.00 Cost of yoga sessions. Cost of fruit Cost of art materials. £76.23	Staff feel more confident in supporting this. Next year build on this by sending Mrs Anderson on Thrive training.

		Change 4 Life Team to produce a piece of art on mental health and Well-being to be displayed. Teachers to set up worry boxes and/or ensure regular circle times. Hold a well-being Wednesday run by Change 4 Life Team.		
To increase all children's awareness of health and well-being.	Questionnaire assessing children's knowledge of health and well-being. Planning will show inclusion of health and well-being. Children's ability to answer health-related questions will be improved. Pupil Voice	Reference throughout lessons and clubs to health and well-being, wherever appropriate. Arrange specialised visitors to talk the children about health. Assemblies on various health and well-being issues. Change 4 Life Team and Sports Council provide a health and well-being leaflet to go home to families.	Cost of staff to deliver special sessions. (see above) cost of TA to support in PE to make it easier to add health and well-being. (see above) Stationery costs to produce the leaflet. £32.12	Feedback from pupils shows a greater awareness of how to stay healthy and happy. Next year, increase Change 4 Life/Sports Council assemblies and hand the planning of these over to the children (support them in choosing appropriate foci)

General

Area of Focus	Evidence	Action Plan	Effective use of Funding	Cost Break Down	Proposed Impact
---------------	----------	-------------	--------------------------	-----------------	-----------------

<p>Extra – curricular sports</p>	<p>Sign up registers Pupil voice Outcomes in competitions</p>	<p>Review the quality of the current extra – curricular activities:</p> <ul style="list-style-type: none"> • Pupil voice for all the clubs (netball, hockey, fitness) • Have we got a good enough variety? • Parent feedback • <i>Observations of the clubs</i> • Review of the equipment used for these clubs. <p>Organised sport during lunch times</p> <ul style="list-style-type: none"> • Teamwork activities on the grass? <p>Guest clubs which run for six weeks</p> <ul style="list-style-type: none"> • Rugby • Bell boating • Cricket <p>Dance club on Monday to start for ks2 to run until Easter.</p>	<p>Equipment to effectively run the clubs Entry to competitions to improve club links and to attract guest club coaches</p> <p>Entry to catholic cluster and South Worcestershire games.</p> <p>New sports equipment for the lunchtime and break times.</p>	<p>£143.00</p> <p>£200</p> <p>£245.69</p>	<p>Increase qualification of teams to Worcester Games finals. <i>Qualified in athletics, tennis, swimming, hockey, bocchia/new age kurling, rugby.</i></p> <p>Increase in health club and impact on obesity <i>Limited impact on obesity due to parental non engagement-continue this next year, engaging help from the Family Support Worker where appropriate.</i></p> <p>Pupil voice:</p> <p>Good variety of sports being offered. <i>Pupils highlighted that they would like more opportunities in rugby, tennis and cricket, and that they had especially enjoyed the increased dance opportunities this year. Include these in next year’s plan.</i></p>
<p>Participation rates in gymnastics, athletics, dance and swimming.</p>	<p>Attendance records to fitness club Swimathon numbers Number of children linked with a swimming club Swimming lesson registers Swimming gala numbers</p>	<p>Swimming intervention for those who are LA?</p> <p>Swimming lessons for year 2 (additional to swimming lessons for KS2)</p>	<ul style="list-style-type: none"> • Specialised coach in dance and gymnastics • Make local links with a local dance and gymnastics company • Attend dance and gymnastics festivals • Hire of hall 	<p>Swimming lessons for year 2</p> <ul style="list-style-type: none"> • Pool hire • Releasing TAs • Releasing teachers <p>Total: £840</p> <p>Swimming gala</p>	<p>Increase in participation <i>Continue next year.</i></p> <p>Increase in attainment <i>Continue next year.</i></p>

		<p>Dance club on Monday to start for ks2 to run until Easter.</p> <p>Country dancing club to run from January for KS1</p>		<ul style="list-style-type: none"> • Pool hire - £204 • Swimming trials • Teachers • TAs 	
Participation and success in competitive school sports	<p>Attainment record</p> <p>Calendar of events</p> <p>School games</p> <p>Membership of Worcester Catholic Sports Partnership</p>	<p>Ensure we have maximum participation in competitions (b and c teams).</p> <p>Engage with SGO and attend competitions</p> <p>Engage more school staff, parents and young leaders.</p> <p>Improve links with other schools to have more sporting fixtures</p> <ul style="list-style-type: none"> • Girls and mixed football with St. Josephs 	<p>Facilitating staff to go to events such as Catholic Cluster, School Games and friendly fixtures at Bowbrook.</p> <p>Specialised coaches for weeks prior to events</p> <ul style="list-style-type: none"> • Golf • Cricket • Tag Rugby • Tennis • Swimming • Cross Country • dance <p>Coach hire to go to events</p> <p>Sports council to organise school games day and other inter-school competitions</p> <ul style="list-style-type: none"> - Swimming gala - Curling - orienteering 	<p>(See above)</p> <p>£1302.50</p>	<p>Increase in participation</p> <p>Increase in attainment</p> <p>Increase in competitions to include A, B, C and D teams.</p> <p>Continue next year.</p> <p>Increase qualification of teams to Worcester Games finals</p> <p>Continue next year.</p> <p>Pupil feedback is that children really enjoyed the events and want to do more of them.</p> <p>Continue next year.</p>
Further develop our PE Curriculum to make it as inclusive as possible.	<p>Pupil Progress Records</p> <p>Mid-long term plans</p> <p>Lessons observations</p> <p>SEND provisions</p> <p>Pupil voice</p>	<p>Review the use of TAs in PE</p> <p>Start a Change 4 Life team for children who need support in making healthier lifestyle choices. Try and get parents to support children in the Change4life group.</p>	<p>Equipment and resources for Change4life group, inc:</p> <ul style="list-style-type: none"> • A cooking coach • Restaurant night? • Bike hire? • Recipe book? 	<p>(see above)</p> <p>£200 for coach</p>	<p>Increase in participation</p> <p>Increase in attainment</p> <p>Increase in attendance at health club and some impact on obesity.</p> <p>(See above)</p>

		Challenge of the week? Change4life Assemblies Section on Newsletters Section on sports board	<ul style="list-style-type: none"> Tesco – farm to floor attendance? TA from class to go for walks		
The range of provisional and alternative sporting opportunities	Attendance to Pioneer Centre residential trip Attendance to Alton Castle residential trip Forest school attendance Bell boating attendance and training numbers Bikeability awards	Bell-boating team to have curriculum time for practice Class 4 and 5 to have bell boating days Class 4 and 5 to enter bell boating competition Bikeability for Years 5 and 6	Bell boating days Financial support for those that can't afford trips	£250 £285	Increase in participation and confidence. <i>Continue next year.</i> Increase in attainment and confidence. <i>Continue next year.</i>
Partnership work with other schools and local partners	Members of CTA Members of Catholic Schools Partnership School games member	Active participation in all CTA competitions Entry to local FA offers Active participation in all school games Get Gold award in school sports games Entry to competitions offered by Blessed Edwards Entry to tag rugby competitions Entry to cricket competitions	Entry to competitions Sports/PE mini-bus Release of teaching staff	(see above) £1523.47	Increase in participation Increase in attainment <u>Netball</u> <u>Football</u> Increase in health club and impact on obesity
				£19755.30 (£2275.30 additional spend, on top of allocation)	